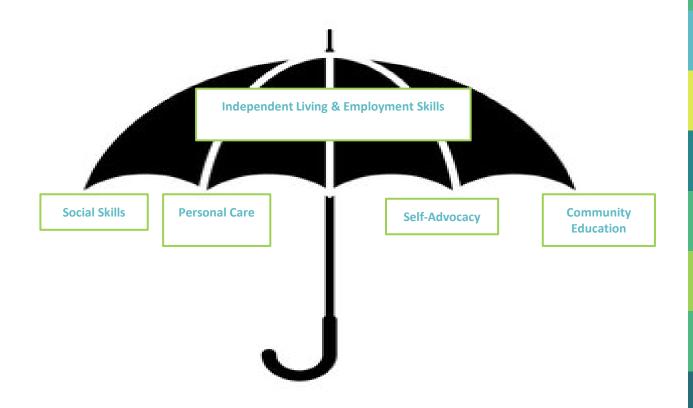
# **ADVANCE** Young Adult **Transitions** Program



# Pre-Employment Transition Services (PreTS)

- 1. Job Exploration Counseling
- 2. Work Based Learning Experiences
- 3. Exposure to opportunities for enrollment in comprehensive transition or post secondary educational programs at institutions of higher education
- 4. Workplace readiness training to develop social skills & independent living
- 5. Instruction in self advocacy



#### Criteria

- The individual must have a motivated vocational goal, be enrolled in vocational rehabilitation services, and meet with their rehabilitation counselor regularly.
- The individual must meet the criteria for an Individual Education Plan and/or the Human Community Based Services waiver.

# **IEP Monitoring**

- Each quarter YAT provides the school and guardians a report that discusses any progress on each goal.
- A summary of the individual's general progress (i.e. what social skills we've observed, kitchen skills, independence, etc.) that is seen that is not included in IEP goals is also provided.

# Project Skills and/or Employment

- All interns who attend YAT are encouraged to have a Project Skills work experience.
  - This ensures that the intern gains as much work experiences as possible.
- If the intern is no longer (aged out) on an IEP they are encouraged to seek competitive integrated employment.
- YAT works closely with VR and Career Advantage job coaches to aid in the employment process.

A Typical Day at YAT.



# Morning Prep Work

- Daily professional email.
- Each intern has their own binder.
- The first part of the binder includes 3 laminated pages.
  - 1. First, Last Name, Phone #, Address, Weather, and Weekly Goal
  - 2. Mom and Dad's address and phone numbers
  - 3. A chart of different options to choose how their day is going to go. (i.e. tired, rested, punctual, on my phone, kind)



# **Morning Lesson**

Monday: Career Readiness/Education

Tuesday: Community Education/Continued

Education

Wednesday: Personal Care

**Thursday:** Independent Living Skills

Friday: Review

#### 10:30-11:30 Hour

**Monday:** Vocational Simulations

\*1:1 One Page Profiles, Resumes, Job

Apps, Assessments

Tuesday: Speaker/Tour

Wednesday: Money Management

\*1:1 Appliance Workshop

**Thursday:** Volunteer

Friday: HyVee Scavenger Hunt and 1:1 Grocery Shopping





11:30-12:30

Lunch

Assigned Lunch Clean Up Tasks





#### Afternoon Lesson

**Monday:** Social Skills

**Tuesday:** Independent Living Skills

Wednesday: Career Readiness

Thursday: Self-Advocacy

Friday: STEM Project



## 2pm-3pm

- Wellness activities such as a walk in the summer and using the treadmill and exercise bike in the winter.
  - Walking in the summer also provides opportunities to practice pedestrian skills.
- Individual IEP goal work.



#### **Tour Locations**

- The Carrot Seed
- Brookings Family Dentistry
- Hospital
- Ambulance Station
- BATA
- Spoke N Sport
- Wells Fargo
- Brookings City Police Station
- Hamlin Building Center

- Kool Beans
- Fire Station
- Swiftel Center
- Ohm's Appliance Center
- Brookings Airport
- Brookings County Police and Courthouse
- Post Office
- 20/20 Vision
- Brookings Public Library



## **Guest Speakers**

- Sara Berreth, Registered Dietician
- Paige Jorgensen, HR
- Kelly and Jenny, Medication Safety
- Sarah Sanger, PCT
- Kris Warnke, DoL Employment Specialist
- Maintenance, General Home Maintenance
- Chad Visker, Internet Safety
- Brianna Doran, United Way
- Jenny Hallan, Independent Living Choices
- Libby Rinne, The HoneyBee Bakery



# **Volunteer Opportunities**

- Habitat for Humanity-ReStore
- Visit Brookings
- Agency needs



## **Grocery Store**



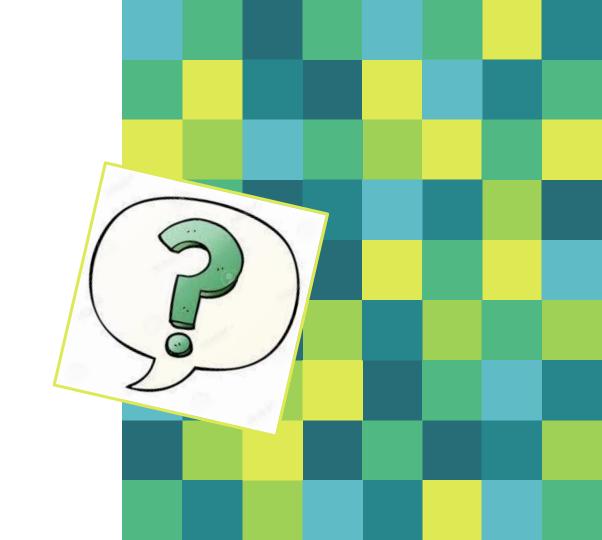
#### Created opportunities to:

- Stock
- Bag groceries
- Inventory
- Fulfill grocery orders





Frequently asked questions.



#### Questions

- 1. How does a student apply?
- 2. Does the student have to receive residential services from Advance to be able to attend YAT?
- 3. Who writes the IEP?
- 4. Who provides transportation to and from YAT?
- 5. Can an intern work a job and go to YAT?

#### Questions

- 6. How can YAT accommodate individuals at varying levels of independence and adaptive functioning skills?
- 7. What happens when an intern "ages out" of the school district services?
- 8. Does YAT provide personal cares, such as toileting, if necessary?

# Questions?