
RESOURCES AT YOUR FINGERTIPS

JESSICA HOVLAND &
CINDY KIRSCHMAN



CAREER LAUNCH SD WORK BASED LEARNING TOOL KIT

- Youth Employment Laws
- Job Shadowing
- Internships
- Classroom Presentation Activities
- Career Exploration in the Classroom
- Other Resources/Related Sites

Career Launch SD Work-Based Learning Toolkit

Career Launch SD was established to increase student awareness about career opportunities in their communities and help meet South Dakota's demand for a skilled workforce. The Department of Labor and Regulation (DLR) encourages schools, businesses, parents and others in the workforce to join the effort to increase student awareness about careers so they can make informed decisions as they enter the workforce. To assist in this process, DLR has organized the following resources to assist with incorporating career information in the classroom.

SKILLS TO PAY THE BILLS

"Skills to Pay the Bills: Mastering Soft Skills for Workplace Success," is a curriculum developed by ODEP focused on teaching "soft" or workforce readiness skills to youth, including youth with disabilities. The basic structure of the program is comprised of modular, hands-on, engaging activities that focus on six key skill areas: communication, enthusiasm and attitude, teamwork, networking, problem solving and critical thinking, and professionalism.



TRANSITION ASSESSMENTS

- Assistive Technology
- Communication
- Employment
- Independent Living
- Self-Determination
- Social Skills
- And more!

TRANSITION ASSESSMENTS

Assistive Technology and Communication

[Assistive Technology Protocol for Transition](#)

[AT Goal Setting Worksheet](#)

[Communication Summary Form](#)

Comprehensive High School Transition Survey – SESE

[Comprehensive High School Transition Survey – SESE](#)

Education

[CITE Learning Styles Inventory](#)

[Student Self-Assessment and Reflections](#)

[Study Habits Questionnaire](#)

[Study Skills Inventory](#)

[What's Your Learning Style](#)

[Writing Self Assessment](#)

[WWW Self Assessment Skill Checklist](#)

Employment

[Career Clueless](#)

A Guide to Assessing College Readiness

For Parents of College-Bound Children with Learning Disabilities or AD/HD

Landmark College has identified their five “essential foundations” that are necessary for students with learning disabilities and AD/HD to be successful in college. This assessment looks at these foundations which are academic skills, self-understanding, self-advocacy, executive function, and motivation and confidence. This assessment uses a checklist format to identify student strengths and needs.

GOING TO COLLEGE – A RESOURCE FOR TEENS WITH DISABILITIES

Students can learn how to use their strengths, learning style and interests to set goals for college. They can learn what to expect in college and what professors will expect from them as well as learn tips for good grades, requesting and using accommodations, and using technology.

The screenshot shows the homepage of the 'Going to College' website. At the top, the title 'Going to College' is displayed in a large, blue, stylized font with a yellow outline. Below it, the subtitle 'A resource for teens with disabilities' is written in a smaller, white font. In the top right corner, there are two navigation links: 'Overview' and 'My portfolio'. The main content area features a large, semi-transparent image of three students (two boys and one girl) looking at a laptop. Overlaid on this image are three numbered, rounded rectangular buttons: a green button labeled '1 My Place', a red button labeled '2 Campus Life', and a blue button labeled '3 Planning for College'. Below the main image, there are three corresponding text boxes. The first box, under 'My Place', says 'Learn how to use your strengths, learning style and interests to set goals for college.' The second box, under 'Campus Life', says 'What to expect in college and what professors will expect from you. Tips for good grades, accommodations and using technology.' The third box, under 'Planning for College', says 'Learn what you can do now to prepare for and apply to college.'



EXPANDING THE CIRCLE

RESPECTING THE PAST
PREPARING FOR THE FUTURE

ICI INSTITUTE OF
COMMUNITY
INTEGRATION

UNIVERSITY OF MINNESOTA

EXPANDING THE CIRCLE

The Expanding the Circle curriculum offers culturally relevant activities that facilitate the successful transition from high school to postsecondary experiences for American Indian students. The curriculum is designed to help youth explore who they are, what skills they need, and what their options are for life after high school.

ECHTERNACHT SURVEY OF SOCIAL EMOTIONAL
LEARNING FOR AMERICAN INDIAN STUDENTS

MY FUTURE

Helps young adults plan their next steps in life by bringing together the most recently available information about colleges, careers and military service opportunities from the U.S. Departments of Commerce, Defense, Education and Labor.





With the right self motivation in mind – you can fly to new heights! Photo
by: [seanmcgrath](#)

SELF-MOTIVATION QUIZ: HOW TO MOTIVATE YOURSELF

The Self-Motivation Quiz is all about finding out what makes you tick. What pulls you toward the things you are going for – those top 3 motivating types that make you get going.

The more you align yourself with what makes you tick, the more you'll be magnetized to get there. You are motivated in a very specific way and you might not realize that. Your neighbors may get a kick out of being the “Joneses” while that guy at work gets his kicks off being a go-getter leader.

The Personal Preference Indicators are not checklists but are a guide to accessing information about the person's preference. Developed specifically for individuals with significant cognitive and multiple disabilities.

Personal Preference Indicators

A Guide for Planning



iTransition SD

iTransition South Dakota

- This app is for students with disabilities with an Individualized Education Program (IEP), ages 14 and older.
- An IEP details your special education services.
- The app produces a "Draft Transition Plan," based on your answers.
- A "Transition Plan" is part of your IEP document.
- A "Transition Plan" is your road map to transition to adult life after high school.

Instructions

Start a Transition Plan

Frequently Asked Questions

SD Transition Resources

©2017 Disability Rights South Dakota

Disability *Rights*
South Dakota



ZARROW CENTER
FOR LEARNING ENRICHMENT
The UNIVERSITY of OKLAHOMA

The Zarrow Center at the University of Oklahoma facilitates student-directed educational, employment and adult living outcomes for individuals with disabilities, fosters innovative self-determination-oriented instruction and transition education practices, and prepares educational leaders.

To get started, select an option below



Choose Your Lifestyle

When you select this option, you will be asked a series of questions to help you determine the lifestyle you want to lead and how much it will cost you. When you are finished you can look at occupations that might support that lifestyle.

Budget how much money you'll need



Pick Your Salary

If you think you know how much money you are going to make, you can work backwards to see if that salary will support the lifestyle you want to lead. If it does not, you can search for alternative occupations that might.

Budget from a starting salary

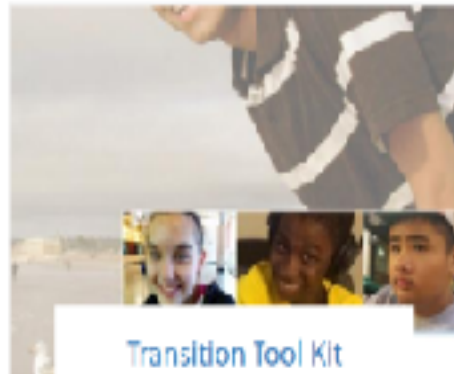
MAKE MONEY CHOICES

Forming a budget is one of the most important parts of financial success. As you first enter the workforce, or even if you switch jobs, knowing how much money you will have available to spend on different aspects of your life will help you avoid debt & possibly even save some money for a rainy day.

AUTISM SPEAKS

The website provided a transition tool kit, community-based skills assess, and access to an advocacy tool kit to learn self-advocacy skills. As well as a variety of other helpful resources and tools.

Transition to Adulthood



This will help guide you on the journey from adolescence to adulthood.



The CSA helps parents and professionals assess the current skill levels and abilities of students with autism beginning at age 12.



Learn how to teach your child self-advocacy and be your child's best advocate.



Mission

The mission of Transition Services Liaison Project (TSLP) is to enable students with disabilities to reach their maximum potential in their transition from high school to the adult world.

TSLP staff members provide support and technical assistance to students, families, and local education agencies seeking information on transition planning.

Overview

Transition services are a coordinated set of activities for a child with a disability, based on the individual child's needs, taking into account the child's strengths, preferences and interests; and designed to be within a results-oriented process.

Focused on improving the academic and functional achievement of the child with a disability to facilitate the child's movement from school to post-school activities.

Activities provided by the [Transition Liaisons](#) include:

- Training to students, families, schools, VR Counselors, and adult service agencies on transition and development of transition plans
- Identifying and obtaining instructional materials
- Written technical assistance guides made available for interested individuals.

TSLP Updates



**2019 YLF
VIDEO
[CLICK HERE]**

**YLF
2020
APPLICATIONS**

[\[Click Here\]](#)

Driving4Life Success

Almost all young adults want to drive. This website will help you to learn the information needed to pass your written driver test.



Welcome to the Riot!
Where self-advocates have something to say

INTERACTIVE WEBSITES FOR STUDENTS



Reality Check

After you finish school, you will need to work to pay for housing, food, clothes, transportation, and other items. Find out how much money you will need to earn to cover your expenses. Then find out which occupations will support this lifestyle.

Get a Reality Check

Don't know how much money you will need to earn in the future? Don't know which occupation to choose? No problem.

[Get a Reality Check](#)

Future Salary

Already know how much money you want to earn? Great. Enter the amount to get information on which occupations pay that much or more.

Example: 15000 [Future Salary](#)

Occupation Direct

Already know which occupation you want to pursue? Click here to find out how much you can buy with the salary you will earn in your chosen occupation.

[Occupation Direct](#)



The Path to Independence: Mobile Apps to Support Transition-Age Youth



INTERACTIVE TOOLS FOR STUDENTS