

NAME \_\_\_\_\_

E-learning lesson plans for Mrs. Bierman. Please check the box for every time you complete the activity.

The purpose of this assignment is to have you practice daily living skills while you are self-quarantined and not in school. These activities are for Coffeehouse, Transitions class and Employability classes.

TASK	3/30	3/31	4/1	4/2	4/3
Write today's date on a piece of paper					
Say the Pledge of Allegiance					
Write an email and send it to your teacher <a href="mailto:Cindy.bierman@k12.sd.us">Cindy.bierman@k12.sd.us</a>					
Set the table for a family meal					
Make a simple meal for your family What did you make? Send me an email and let me know 😊 Pictures would be wonderful.					
Sort your clothes and put them in the washing machine, fold them and put them away when they are done.					
Draw a picture of your favorite animal					
Brush your teeth and comb your hair					
Take a shower and wash your hair					
Sweep or vacuum the floor					
Play a card game with your family					
Drink three glasses of water each day					

TASK	3/30	3/31	4/1	4/2	4/3
Make/draw a card for someone					
Eat two fruits or vegetables today					
Clean off the table after a meal					
Do the dishes					
Make your bed					
Read a book to your family					
Continue to make cards for nursing homes, first responders, medical people <b>PUT THEM IN THE HOMEWORK TOTE ON MONDAYS AND I WILL DELIVER THEM FOR YOU 😊</b>					
Continue to add strips to your paper chain telling what you did today.					
Call, text, skype, or email a friend					
Check on a neighbor or relative who is in a "high risk" category					
Try making a recipe you have never made before and serve your family					

	03/30	03/31	04/01	04/02	04/03
Keep track of how many time you washed your hands each day. Use tally marks.					