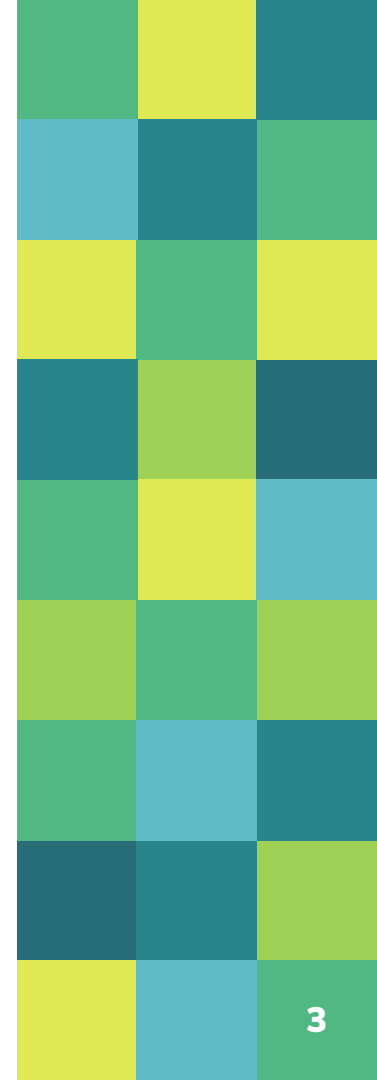


# ADVANCE Young Adult Transitions Program



# Pre-Employment Transition Services (PreTS)

1. Job Exploration Counseling
2. Work Based Learning Experiences
3. Exposure to opportunities for enrollment in comprehensive transition or post secondary educational programs at institutions of higher education
4. Workplace readiness training to develop social skills & independent living
5. Instruction in self advocacy



# Criteria

- The individual must have a **motivated** vocational goal, be enrolled in vocational rehabilitation services, and meet with their rehabilitation counselor regularly.
- The individual must meet the criteria for an Individual Education Plan and/or the Human Community Based Services waiver.

# IEP Monitoring

- Each quarter YAT provides the school and guardians a report that discusses any progress on each goal.
- A summary of the individual's general progress (i.e. what social skills we've observed, kitchen skills, independence, etc.) that is seen that is not included in IEP goals is also provided.

# Project Skills and/or Employment

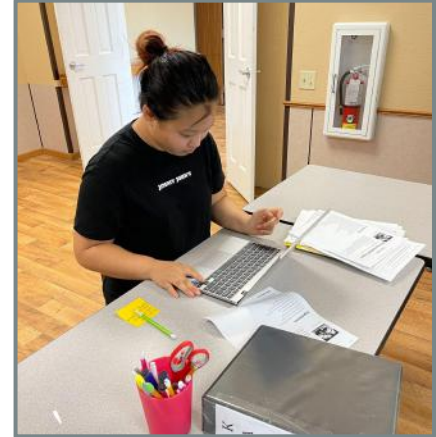
- All interns who attend YAT are **encouraged** to have a Project Skills work experience.
  - This ensures that the intern gains as much work experiences as possible.
- If the intern is no longer (aged out) on an IEP they are encouraged to seek competitive integrated employment.
- YAT works closely with VR and Career Advantage job coaches to aid in the employment process.

# A Typical Day at YAT.



# Morning Prep Work

- Daily professional email.
- Each intern has their own binder.
- The first part of the binder includes 3 laminated pages.
  1. First, Last Name, Phone #, Address, Weather, and Weekly Goal
  2. Mom and Dad's address and phone numbers
  3. A chart of different options to choose how their day is going to go. (i.e. tired, rested, punctual, on my phone, kind)
  4. Morning warm-up work





## Morning Lesson

**Monday:** Career Readiness/Education

**Tuesday:** Community  
Education/Continued Education

**Wednesday:** Personal Care

**Thursday:** Independent Living Skills

**Friday:** Review



## 10:30-11:30 Hour

**Monday:** Vocational Simulations

\*1:1 One Page Profiles, Resumes, Job Apps, Assessments

**Tuesday:** Speaker/Tour

**Wednesday:** Money Management

\*1:1 Appliance Workshop

**Thursday:** Volunteer

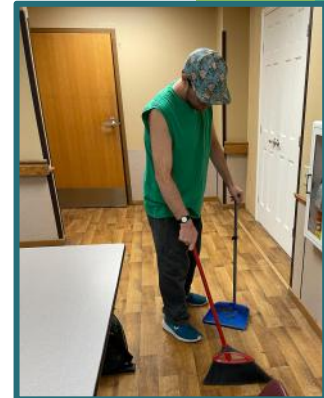
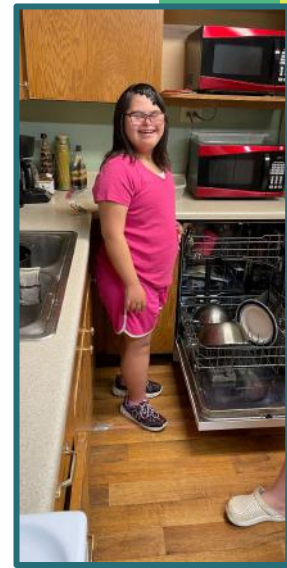
**Friday:** HyVee Scavenger Hunt and 1:1 Grocery Shopping



11:30-12:30

Lunch

Assigned Lunch Clean Up Tasks



# Afternoon Lesson

**Monday:** Social Skills

**Tuesday:** Independent Living Skills

**Wednesday:** Career Readiness

**Thursday:** Self-Advocacy

**Friday:** STEM Project



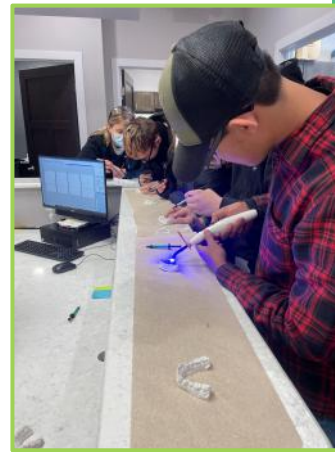
## 2pm-3pm

- Wellness activities such as a walk in the summer and using the treadmill and exercise bike in the winter.
  - Walking in the summer also provides opportunities to practice pedestrian skills.
- Individual IEP goal work.



# Tour Locations

- The Carrot Seed
- Brookings Family Dentistry
- Hospital
- Ambulance Station
- BATA
- Spoke N Sport
- Wells Fargo
- Brookings City Police Station
- Hamlin Building Center
- Kool Beans
- Fire Station
- Swiftel Center
- Ohm's Appliance Center
- Brookings Airport
- Brookings County Police and Courthouse
- Post Office
- 20/20 Vision



# Guest Speakers

- Sara Berreth, Registered Dietician
- Paige Jorgensen, HR
- Kelly and Jenny, Medication Safety
- Sarah Sanger, PCT
- Kris Warnke, DoL Employment Specialist
- Maintenance, General Home Maintenance
- Chad Visker, Internet Safety
- Brianna Doran, United Way
- Jenny Hallan, Independent Living Choices





# Volunteer Opportunities

- Habitat for Humanity-ReStore
- Visit Brookings
- Salvation Army
- Agency needs



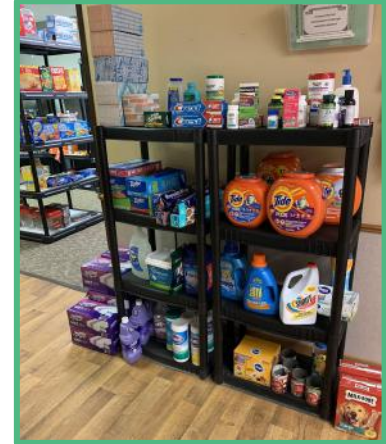


# Grocery Store

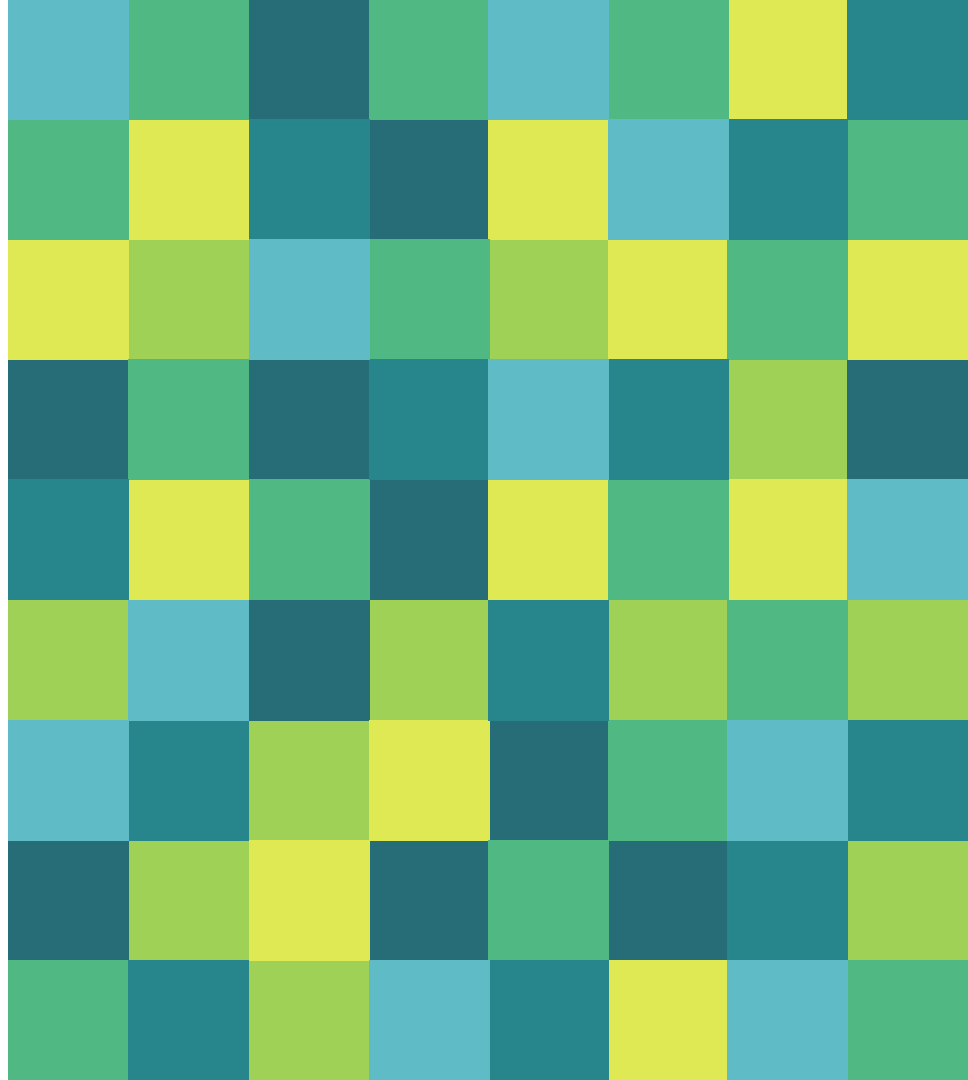


Created opportunities to:

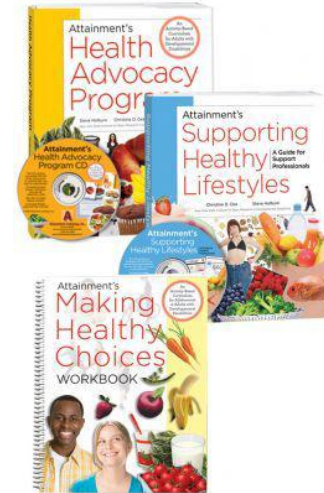
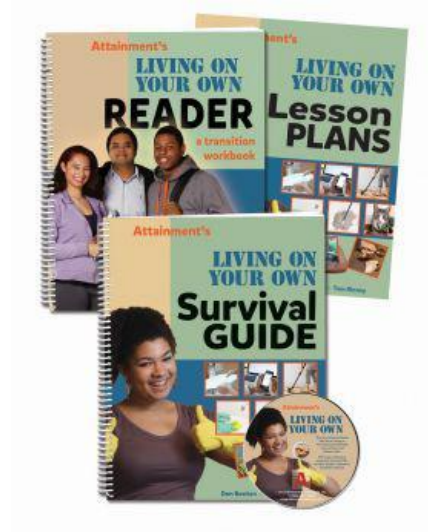
- Stock
- Bag groceries
- Inventory
- Fulfill grocery orders



# Curriculum



# Attainment



[Attainment Website](#)

# Self-Advocacy Curriculum

Whose Future is it Anyway?

ME! Lessons for Teaching Self-Awareness & Self-Advocacy

The 411 on Disability Disclosure



NEXT GEN PERSONAL FINANCE

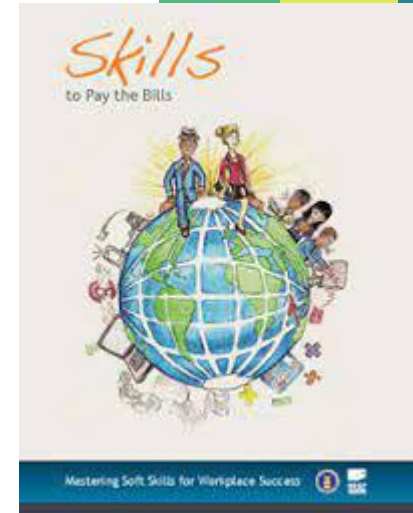
## Next Gen Personal Finance Website

# Youth Skills for LIFE

## Youth Skills for Life Curriculum

# Skills to Pay the Bills

[DoL Website](#)



# Safe Boundaries for the Workplace

## Community Options and Resources



# Teachers Pay Teachers Resources

## Adulthood Made Easy

Daily Warm Ups

Life Skills Bundle

Boom Cards

Task Boxes

Career & Job Skills Bundle

## Susan Traugh

Daily Living Skills Workbooks - Laundry, Time Management, Kitchen Basics, etc.

## Creative Curriculum Connections

Life Skills

Vocational Skills

Boom Cards

Frequently  
asked  
questions.



# Questions

1. How does a student apply?
2. Does the student have to receive residential services from Advance to be able to attend YAT?
3. Who writes the IEP?
4. Who provides transportation to and from YAT?
5. Can an intern work a job and go to YAT?

# Questions

6. How can YAT accommodate individuals at varying levels of independence and adaptive functioning skills?
7. What happens when an intern “ages out” of the school district services?
8. Does YAT provide personal cares, such as toileting, if necessary?

Questions?