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This resource guide was put together for informational purposes only. DHS is neither supporting nor endorsing these resources, so please determine if you wish to use them and proceed accordingly.

	Interactive		Research
	Videos		Information
	Workbook		Games
	Assessments (PDF)		Group Work
	Online Assessments		

SECTION 1 – CAREER EXPLORATION

[Explore Work](#)

Teens with disabilities have choices and things to do to prepare for life after high school and becoming an adult. They are preparing to be an adult, get a job, and become more independent. A big part of planning for the future means thinking about a job that is a good fit. This training will help them explore their talents and create a plan for their future!

[Pathful Explore](#)

Pathful Explore is an interactive tool that allows individuals to discover, plan and pursue their employment goals. Once a student is logged in, they are able to view countless career videos, search for employment and postsecondary opportunities, complete career and interest assessments, and create a career portfolio. There are also Life Skills videos available to assist with self-advocacy and independent living. *There is a user cost associated but may be available for free to VR eligible students.*

[World of Work, Inc \(WOWI\)](#)

WOWI is used for career decision-making, career exploration, education and training, job placement, and personnel selection. It's a scientifically developed, objective assessment that incorporates 3 dimensions to uncover the optimal career matches.

There is a user cost associated but may be available for free to VR eligible students.

[Career Launch SD Work-Based Learning Toolkit](#)

Career Launch SD was established to increase student awareness about career opportunities in their communities and help meet South Dakota's demand for a skilled workforce. The Department of Labor and Regulation (DLR) encourages the increase student awareness about careers so they can make informed decisions as they enter the workforce. *Contact your local DLR office for more information.* Additional links associated with SD DLR:

[SD Department of Labor & Regulation](#) 

[Hot Careers](#) 

[My Next Move](#)  

[O*Net Online](#)  

[Get Ready for Your Career](#)

"Get Ready for Your Career: A Resource for Teens with Disabilities" is a free series of online lessons, each focusing on a different aspect in the career planning process. These online lessons contain video presentations and resources that can be used to equip students and others with the knowledge and skills for the transition to their future careers. Topics include self-determination, increasing knowledge of self and careers, utilizing support networks to assist with identifying a career goal, and developing action steps to prepare for employment.

[SD My Life](#)

SDMyLife's goal is to help South Dakota students understand how their interests, skills, and knowledge relate to real-world academic and career opportunities. SDMyLife is packed with activities, resources and information to help students in each step along the way. Access to the site does require a login from the school district. **requires school login which is student's email and password to computer*

[Holland Code Career Test](#)

This free, 10-minute career test uses the scientific Holland Code model to show you which jobs will suit your interests, talents, and aptitude. Measure your interest level in 6 major job areas and understand how psychologist John Holland's RIASEC model can guide your career planning.

[Career Cluster Video Series](#)

Career videos are organized into 16 clusters, or related types of work. Select a category to view a list of videos related to that cluster. Videos include career details such as tasks, work settings, education needed, and more.

[Transition Assessments](#)

A large variety of assessments that covers topics such as assistive technology and communication, education, employment, independent living, self-determination, social skills, and more.

[Career Interest Inventory – Pictorial Version](#)

Learning about yourself is the most important step in your search for a job or career. A Career Interest Inventory helps you relate your interests and abilities to career choices. The following survey will link your career interests to related high school courses. [\(PDF download\)](#)

[Pictorial Interest Inventory](#)

The Pictorial Interest Inventory is a way for individuals with limited reading ability or special needs to explore their career interests and find a job that fits. Instead of using text-based items, this assessment uses pictures to help individuals identify their occupational interests. [\(PDF download\)](#)

[Your Free Career Test](#)

They offer student-friendly, free career tests, a free job quiz, and a free volunteer match test. The career tests are helpful for adults of any age as well. We do not require registration to take any of the free career tests or job quiz. An automatic script emails the test result link, so emails and names are not stored in any database.

[Student Interest Survey for Career Clusters](#)

The Student Interest Survey for Career Clusters is a career guidance tool that allows students to respond to questions and identify the top three Career Clusters of interest based on their responses. This pencil/paper survey takes about fifteen minutes to complete and can be used in the classroom or for presentations with audiences who have an interest in career exploration.

[US Bureau of Labor Statistics for Students](#)

This website has a variety of games, quizzes, and resources available that can assist with learning facts about the economy and different careers.

[Picture Your Future: Exploring Your Transition Goals](#)

Alaska VR have put together two dynamic resources to help students and teachers in planning a student's transition from high school to adult life. While the booklets are intended to be useful for all Alaskan students, both rural and urban, the discussions that are addressed can be beneficial to all students, even those who have little or no access to the internet.

SECTION 2 – WORKPLACE READINESS

[eTrac®](#)

eTrac® is an online curriculum that is designed to teach job search skills to people struggling to overcome barriers to employment. Each course is fully animated, and all information is presented in accessible, easy-to-understand language. *There is a user cost associated but may be available for free to VR eligible students.*

[Skills to Pay the Bills](#)

"Skills to Pay the Bills: Mastering Soft Skills for Workplace Success," is a curriculum developed by ODEP focused on teaching "soft" or workforce readiness skills to youth, including youth with disabilities. The basic structure of the program is comprised of modular, hands-on, engaging activities that focus on six key skill areas: communication, enthusiasm and attitude, teamwork, networking, problem solving and critical thinking, and professionalism.

[Bring Your 'A' Game to Work – SD DLR](#)

Bring Your 'A' Game is an engaging curriculum for building the seven foundational workplace skills of work ethic. Unlike boring training programs, this interactive curriculum consistently delivers lasting impact. It is fully customizable to meet the changing demands of serving unique populations. *Contact your local DLR office for more information.*

[T-Folio](#)

A free digital platform that helps youth complete the items needed for their transition portfolios through a series of interactive exercises and the support of a facilitator.

[Resume Workbook for High School Students](#)

A fill-in-the-blanks guide to help write a great resume by exploring their skills and abilities, learning requirements of a job, finding relevant skills, and so on. ([PDF download](#))

[Value-Sort Activity](#)

Knowing what we value most in our work, relationships, and other commitments makes it easier to respond to opportunities and conflicts with integrity. The Value Sort is an excellent way to reflect upon what is most important to you personally and it is also a great way to stimulate conversations.

[Work Importance Profiler](#)

What's important to you in a job? Discover how much you value achievement, independence, recognition, relationships, support, and working conditions on a job.

[Career Conversation Starters](#)

The Career Conversations questions are based on ecosystems theory, counseling theory and an extensive review of counseling and career counseling literature. The questions can be used to work with individuals and groups of students, parents and community members.

[Workbook for Your Personal Passport](#)

This workbook is for people with developmental disabilities and their friends and families who want to learn more about person-centered planning and develop goals based on the outcomes of the activities.

[Community Work Site Student Evaluation](#)

An evaluation of student's behaviors on the job to begin the conversation on what areas the student is excelling in and areas that need improvement. This would be a great tool to help develop transition goals that could be considered for that student's IEP or IPE. ([WORD download](#))

[Transition Tennessee](#)

This resource offers interactive lessons and activities to enhance the delivery of high-quality services to students transitioning into employment or postsecondary education. The website is designed to guide students through evidence-based Pre-Employment Transition Services (Pre-ETS) lessons and activities that students can complete either on their own or with the help of an instructor.

[Building Healthy Relationships at Work](#)

This curriculum supports competitive, integrated employment for all people with disabilities by teach them how to navigate all types of relationships including co-worker relationships and become great employees. *This is a cost for the curriculum but is available for free to Project SEARCH sites in South Dakota with SEARCH portal login information.*

Practice Online Applications

Most employers require online job applications so here are some practice sites which allows you to print off the information inputted for future reference.

<https://careerwise.minnstate.edu/jobs/practice-online-job-application.html>

<https://practice-job-application.pdfFiller.com/>

<https://masshireholyokey.org/online-app/>

[Responding to Workplace Disagreements](#)

This South Dakota made video discusses how to respond when a workplace disagreement occurs at work. Learn the 7 tips to implement at work when such situations happen.

[Bringing Up Workplace Disagreements](#)

This South Dakota made video discusses how to appropriately bring up a disagreement within a workplace with coworkers.

[Elevora Practice Interview](#)

The free version allows for 3 interview questions to receive feedback based on the responses for the job chosen. Option to purchase Pro Interviews (\$2/pro interview or 3 for \$5) includes 10 interview practice questions, deeper analysis of responses, and ability to choose the interview question type.

[The Big Interview](#)

When preparing for a job interview, it's not enough to only read advice - you need to put that advice into practice! That's why Big Interview thru SD DLR isn't just a training course. You'll also get hands-on practice with mock interviews tailored to your specific major or area of interest.

SECTION 3 - POST-SECONDARY EDUCATION/TRAINING

[South Dakota State Library System](#)

This website has a variety of resources available to assist one with preparing for a variety of career prep exams and improving academic skills!

[Hitting the Open Road After High School](#)

When considering the options available after high school, the student may feel a bit over-whelmed. There are many career paths and educational or training programs out there, and this guide can help with figuring things out. Whether they are still in high school or have transitioned out, it's never too late to explore options and the supports. [*\(PDF download\)*](#)

[Mapping Your Future](#)

This website leads to a variety of resources to assist with bank balancing, budget calculator, student loan information, success in college guide, printable guides for life after high school, online webinars & more!

[Going to College – A Resource for Teens with Disabilities](#)

Students can learn how to use their strengths, learning style and interests to set goals for college. They can learn what to expect in college and what professors will expect from them as well as learn tips for good grades, requesting and using accommodations, and using technology.

[College Scorecard](#)

Find out about colleges: their programs, costs, admissions, results, and more!

[My Future](#)

This website helps young adults plan their next steps in life by bringing together the most recently available information about colleges, careers, and military service opportunities. Students can receive tips on building a resume, filling out college applications, and learning more about military opportunities.

[A Guide to Assessing College Readiness](#)

Landmark College has identified their five “essential foundations” that are necessary for students with learning disabilities to be successful in college. This assessment looks at these foundations which are academic skills, self-understanding, self-advocacy, executive function, and motivation and confidence. This assessment uses a checklist format to identify student strengths and needs. [*\(PDF download\)*](#)

[Build Dakota & South Dakota’s Technical Institutes](#)

Build Dakota is a scholarship program to be awarded to skills scholars entering high-need workforce programs at South Dakota technical institutes.

[SD College Readiness Coursework](#)

College readiness courses are intended to assist students in reaching their goal of being fully prepared to enter the workforce or a postsecondary institution following high school graduation.

[Off to College](#)

The goal is to keep college planning simple and straight to the point for searching, paying and going to college. OfftoCollege.com functions as an online guidance counselor for off-to-college needs.

[Career and Technical Education – South Dakota](#)

As an organizing tool for curriculum design and instruction, Career Clusters provide the essential knowledge and skills for the 16 Career Clusters and their Career Pathways. It also functions as a useful guide in developing programs of study bridging secondary and postsecondary curriculum and for creating individual student plans of study for a complete range of career options.

[Think College](#)

Think College is a national organization dedicated to developing, expanding, and improving inclusive higher education options for people with intellectual disability. Includes information about suggested IEP goals that will help students get ready for college, differences between high school and college, and how to find the right college. They also have a variety of learning modules that people can take. Here's a '[hyperdoc](#)' list with critical transition resources.

[SD Dual Credit](#)

Dual credit is an opportunity for SD high school students to enroll in public postsecondary institutions in SD and earn credits for both their diploma and postsecondary degree or certificate.

[GFC Learning Free](#)

GCFLearnFree.org program has helped millions around the world learn the essential skills they need to live and work in the 21st century. From Microsoft Office and email, to reading, math, and more—GCFLearnFree.org offers more than 200 topics, including more than 7,000 lessons, more than 1,000 videos, and more than 50 interactives and games, completely free. YouTube page: [GFC Learning Free](#)

[Paying for College](#)

Understanding the financial aid process is the first step to meeting your education goals and this link will give guidance to those attending South Dakota post-secondary schools.

[Resources & Support for College Students with Disabilities](#)

Transitioning from high school to college presents challenges for every student, and students with disabilities are no exception. If you're a student with a learning or physical disability, there are many resources to help you with homework, studying, and navigating daily life. This guide identifies key resources to support you as a student with a disability and offers valuable suggestions on where to find additional assistance both on campus and in your community.

[Alison: Online Certificate Programs](#)

Our specialist certificate programs are designed to give you job-role training and formal workplace skills. In fewer than three hours of active learning, you can complete any of our curated certificate courses to cover a gap in your existing knowledge or gain clarity on a new subject area. So, in a single morning or one afternoon, you can super-charge your skills - all for free.

[Launch My Life](#)

Launch my Life ND gives you the knowledge, tools, resources, and connections to help you achieve post-secondary goals.

SECTION 4 – LEARNING STYLES & PERSONALITY PROFILES

[Education Planner: Self-Assessments](#)

Use the interactive self-assessments to discover what the student is good at and where they may have room for improvement. Identify the things that interest them and get some ideas about careers to explore.

[C.I.T.E Learning Styles Instrument](#)

The C.I.T.E. Learning Styles Inventory is often used to identify learning styles into three main areas: information gathering work conditions, and expressiveness.

[Comprehensive Study Skills Website](#)

Includes assessments for learning style, test anxiety, procrastination, concentration, motivation, math study skills, social skills, and self-esteem. Each assessment takes about five minutes to complete. They will immediately see their score along with recommendations. Also includes more than 100 practical articles. Topics include good study habits, managing time, reading and taking notes from textbooks, learning styles, preparing for college, study motivation, setting goals, and much more. Everything on the website is also available in Spanish.

SECTION 5 – STUDY SKILLS

[Learning Skills Resources](#)

Here you will find a variety of resources to assist you in developing critical college-level study skills needed to succeed academically.

[Inventory of College-Level Study Skills](#)

The College-Level Study Skills Inventory will assist in providing students with immediate feedback on their current approach to college-level study skills. There are six critical study skills college students need to consistently be developing: textbook reading, note taking, memory, test preparation, concentration, and time management. At the conclusion of the inventory, each of these skills will be assessed based on the way the questions were answered.

[Educational Planner: Which Study Habits Can You Improve?](#)

Before a student can improve their study habits, they have to identify the strengths and weaknesses in their current study habits. Go through the assessment and find ways they can improve their study habits. This website also has other assessments that can help the student learn more about their study habits.

[Study Skills Assessment](#)

The Study Skills Assessment is designed to identify student's academic strengths and weaknesses. Once they have taken the Study Skills Assessment, explore the study skills topics that have been identified as potential weaknesses.

SECTION 6 – STRENGTHS & LIMITATIONS

[Find Your Strengths!](#)

This assessment can help the student determine which intelligences are strongest. If you're a teacher or tutor, you can also use it to find out which intelligences your learner uses most often.

[Find Your Strengths and Weaknesses](#)

The Richard Step Strengths and Weaknesses Aptitude Test (RSWAT) is a tool to help you get a better look at who you really are and how much you could grow.

[Self-Motivation Quiz: How to Motivate Yourself](#)

The Self-Motivation Quiz is all about finding out what makes you tick. What pulls you toward the things you are going for – those top 3 motivating types that make you get going.

SECTION 7 – SELF-ADVOCACY

[iTransition South Dakota](#)

An app/website for students with disabilities on an IEP to assist with producing a draft transition plan based on answers provided to help develop a road map to adult life after high school.

[ME! Curriculum](#)

The ME! lessons were developed to help teach transition skills including self-advocacy & self-awareness.

[411 on Disability Disclosure](#)

This workbook is designed for youth to learn about disability disclosure and help them make informed decisions about whether or not to disclose their disability and understand by considering how that decision may impact their education, employment, and social lives.

[I'm Determined!](#)

The I'm Determined project focuses on providing direct instruction, models, and opportunities to practice skills associated with self-determined behavior. The website has great information to help facilitate youth, especially those with disabilities to undertake a measure of control in their lives, helping to set and steer the course rather than remaining the silent passenger.

[Whose Future Is It Anyway?](#)

Whose Future Is It Anyway? helps prepare students for their IEP meetings and gain self-determination skills through six sections that contain 36 lesson sessions. This lesson package comes with a Coach's Guide that outlines the lessons, how to teach them, the roles of the students and teachers, as well as expected outcomes. ([PDF download](#))

[Student Self-Determination and Self-Advocacy Skills Questionnaire](#)

This questionnaire was developed to help the student self-identify their level of knowledge and skills related to self-determination and self-advocacy to see growth and continued areas of need. ([PDF download](#))

[Self-Advocacy Guide for Teens with Disabilities](#)

A series of activities that a student can complete to discover more about their learning preferences, facts about their disability, accommodations available, and how to advocate for those accommodations.

[AIR Self-Determination Assessments](#)

The AIR Self-Determination scale: produces a profile of the student's level of self-determination; identifies areas of strength and areas needing improvement; and identifies specific educational goals.

[Self-Advocates Becoming Empowered](#)

The Self Advocacy Startup Toolkit has many sections called tools to help you start your own self advocacy group. Each tool will have important information with an activity at the end. ([PDF download](#))

[Personal Preferences Indicator](#)

Here is a guide to accessing information about the person's preference on a variety of topics.

[ARC Self-Determination Scale](#)

The ARC Self-Determination Scale to: (a) assess the self-determination strengths and weaknesses of adolescents with disabilities, (b) facilitate student involvement in educational planning and instruction to promote self-determination as an educational outcome, (c) develop self-determination goals and objectives, and (d) assess student self-determination skills. ([PDF download](#))

[ChoiceMaker Self-Determination Assessment](#)

The ChoiceMaker Self-Determination Assessment is a curriculum-referenced tool that assesses students with disabilities self-determination skills and opportunities at school to exercise these skills across three areas: (a) choosing educational, vocational, and personal goals, (b) students' involvement in their IEP meetings, and (c) students' attainment of IEP goals.

[Am I Learning to Lead?](#)

This tool was designed to be given to the participants to evaluate their experiences based on the five areas of development – learning, connecting, thriving, working, and leading. ([PDF download](#))

[Dude, Where's My Transition Plan?](#)

This booklet shows students where they are going and how they are going to get there. "Individualized" means ALL about them. Their IEP should show the goals they want to reach and the supports they need to reach them.

[Without Limits for High School and Post-Secondary Students in Transition](#)

Without Limits is a curriculum designed for trainers and teachers to provide a safe environment for high school and post-secondary students in transition to discover their personal value as individuals.

[Sex Education for Self-Advocates](#)

This guide is a sexuality and sex education resource written specifically for people on the autism spectrum age 15 and up. People on the autism spectrum sometimes don't have the chance to learn about sexuality and sex in ways that work for them, so OAR created this guide as a starting point to change that.

[Sex Education for Individuals with I/DD](#)

The National Council on Independent Living's new project helps people with intellectual and developmental disabilities (I/DD) learn about sex. Some of the things we talk about in this project are: What sex is; What gender is; What a healthy relationship looks like; How someone can get pregnant; and How to protect yourself against sexually transmitted diseases and infections.

[Disability Disclosure on the Job: What, Why, When, and How](#)

Young adults with disabilities who received special education services or accommodations during high school may also need supports at work. When students with disabilities are in the K-12 school system, they are "entitled" to receive certain services and supports based on education laws. After they graduate, however, young adults with disabilities are "eligible" to receive services based on their individual needs and must proactively ask for them by disclosing they have a disability. This means that the young adult with a disability must choose to tell someone about or "disclose" their disability to receive services or accommodations at work.

[Sheffkids One Page Profile Templates](#)

Each profile captures all the important information about a person on a single sheet of paper. They assist us in building better relationships and allow us to recognize our strengths and how we can be supported by those around us.

[Charting the Lifecourse](#)

The Charting the LifeCourse framework was developed by families to help individuals with disabilities and families at any age or stage of life develop a vision for a good life, think about what they need to know and do, identify how to find or develop supports, and discover what it takes to live the lives they want to live.

SECTION 8 – INDEPENDENT LIVING SKILLS

[Teenager's Survival Checklist](#)

This checklist asks a variety of life skills that teenagers need to know to be successful adults. Having conversations with students who are going through this list will not only give you an idea of what the student's strengths are but areas that still need developing. ([PDF download](#))

[Life Skills Inventory: Independent Living Skills Assessment Tool](#)

This inventory could assist parents, student, teachers, and transition specialists in creating a transition plan according to the student's capability. The style of the inventory is easy to follow, and the student could perhaps evaluate themselves on certain tasks along with another person conducting the inventory. ([PDF download](#))

[Casey Life Skills](#)

Casey Life Skills (CLS) helps you identify the small steps you can take to bring you closer to achieving your dreams. It's a way for you to build your own personal checklist of skills and strengths and what you know already and what is possible to learn to help you in the future. If your goals revolve around going to school, meeting new friends, living on your own, owning your own car, raising a family, traveling, or getting a job you love, CLS helps you plan for overcoming the challenges that can get in the way of these dreams. *Professionals can receive a free account then download assessments based on student's need.*

[QuickBook of Transition Assessments](#)

This guide will provide technical assistance to schools and/or agencies that provide special education and related services to youth with disabilities. It is helpful to think in terms of what your student's peers are doing at this age, how they are dreaming and planning for their lives after high school, and then attempt to help students with disabilities seek out activities to help them look at their dreams and goals. Just like students without disabilities, students with disabilities, now have many options to explore and many adult service providers to choose who they may receive services from. [\(PDF download\)](#)

[EDGE – Life Skills Courses](#)

A variety of life skill courses available including communication, customer service, budgeting, and more.

[Practical Money Skills](#)

These important financial lessons are for special needs students where lessons can be customized to best fit students' needs and learning styles.

[Play Spent](#)

An online simulation that asks the participant questions they may face living independently to determine if they can make it financially based on the decisions they make during the month.

[Determining the Need for Independent Living Postsecondary Goal\(s\)](#)

This form is designed to help the IEP team decide if a student needs a postsecondary goal in the area of independent living. Independent living includes the skills and knowledge an individual will need to direct his or her life at home and in the community. [\(PDF download\)](#)

[Transitioning to Independence: How Ready Are You?](#)

This assessment will help them build the skills they need to make a successful transition to adult care including caring for their health conditions and disabilities. [\(PDF download\)](#)

[Reality Check](#)

This website goes through South Dakota's Department of Labor to help students see how much they need to work to pay for housing, food, clothes, transportation, and other items.

[Make Money Choices](#)

Forming a budget is one of the most important parts of financial success. As you first enter the workforce, or even if you switch jobs, knowing how much money you will have available to spend on different aspects of your life will help you avoid debt & possibly even save some money for a rainy day.

[Healthcare Transition](#)

Transitioning from childhood to adulthood is exciting and challenging—both as a young person and as a parent of a young person. Preparing for health care transition often receives less attention than preparing for other transitions in school, work, relationships, and independent living.

[Driving4Life Success](#)

This website can take students to practice driving tests and quizzes to get their SD driver's license.

[Childhood Meets Adulthood](#)

Here students can start thinking about what they want to do with the rest of their life. This Web site was built to help students plan for the future. "What will you do after high school? Will you work? Go to college? Live in a place of your own?" By using this Web site, they can plan for their future right now!

[VR Toolkit for SSI Youth](#) and [VR Toolkit for SSDI Youth](#)

Tools are based on information most essential to assist youth who receive disability benefits and their families in navigating a path toward successful employment. Each tool is based on a specific knowledge they will need to understand, and each has been designed to be used in about five to ten minutes.

[Accessible Chef](#)

Accessible Chef is a collection of free visual recipes and other resources to help teach cooking skills to individuals with disabilities at home or in a special education classroom.

[My Kids Bank](#)

MyKidsBank is a secure, private, advertising-free tool designed to help teach personal money management in the home or classroom. Classroom teachers use the service as part of their financial literacy programs and to assist in their classroom economy. Parents use the service for managing household allowance for their children.

[Next Gen Personal Finance](#)

These free online games engage students in financial decisions. Try companion student activity worksheets with reflection questions to add academic rigor to the games.

[Healthy Habits](#)

Habits are hard to break. That's why the sooner in life we build good, healthy habits, the easier it is to keep them and stay as healthy as possible. And when good habits are in place, it's easier to resist bad ones.

[My Plate](#)

The benefits of healthy eating add up over time, bite by bite. Small changes matter. Start Simple with MyPlate. A healthy eating routine is important at every stage of life and can have positive effects that add up over time. It's important to eat a variety of fruits, vegetables, grains, protein foods, and dairy and fortified soy alternatives. When deciding what to eat or drink, choose options that are full of nutrients.

[Magic ToDo](#)

This tool allows you to enter a task and it will break down the steps for you, very simple to very complex breakdown. Click on the magic wand to break down as many steps as you want.

SECTION 9 – SPECIFIC AREAS OF NEED

Developmental Disabilities

[Build Your Plan](#)

Build Your Plan is a tool that enables you and your family to create an account within the Center and get started making a future plan. It's important that you plan ahead to help guide a person with an intellectual or developmental disability (I/DD) to lead a good life as independently as possible.

[Milestones Autism Tool Kits](#)

Tool Kits are a great way to assist with the personal planning and navigation of common challenges and have been developed in response to some most frequently asked questions for those with Autism.

[Let's Get to Work – Transition Planning Tool](#)

This planning tool was created to help students and their support teams come together to talk and think about employment goals. It can serve as a guide to teams and will work best when the information compiled is a true reflection of the student's experiences, thoughts, and opinions. Teamwork throughout this process by a group of people who know the student well is important. [\(PDF download\)](#)

[Autism Speaks – Transition to Adulthood](#)

The website provided a transition tool kit, community-based skills assess, and access to an advocacy tool kit to learn self-advocacy skills. As well as a variety of other helpful resources and tools.

[Adult Autism & Employment: A Guide for Professionals](#)

This guide contains a lot of detailed information about how the features of people with ASD and the needs of the workplace interact, with suggestions about addressing common challenges from those interactions. [\(PDF download\)](#)

Visual Impairment

[SD Rehabilitation Center for the Blind](#)

If you have a visual impairment, the South Dakota Rehabilitation Center for the Blind (SDRC) may be able to help. Staff members are trained to teach skills that help people lead a full productive life--regardless of how much one does or does not see. Upon completion of training, individuals usually return to their community and use these new skills in their home, school, or job.

[Career Assistance for the Blind and Vision Impaired](#)

For someone who is blind or visually impaired finding employment can be demoralizing and disheartening. But it doesn't have to be that way. This guide offers job seekers with vision impairments a one-stop shop for information and other resources to help them jumpstart their careers.

[Getting a Job! For Students who are Blind and Visually Impaired](#)

The Getting a Job! online training was developed and designed for students who are blind and visually impaired and the professionals who work with them. Focusing on the transition from school to work, the training offers a series of activities, supporting documents, and topical videos designed to help the job seeker prepare for the world of work. It features several blind and low vision role models to guide students along the path to work.

[Learning Ally's College Success](#)

For college students who are blind or visually impaired, this website will share supports they need as they navigate their college journey.

[Perkins: Vocational Assessments](#)

At Perkins School for the Blind, Vocational Assessments are conducted in the Deafblind Program, Secondary and Community Programs (Outreach and Transition to Life Cooperative). Each program includes a team of professionals who conduct relevant vocational assessments that guide the work experience program of students and contribute to the transition planning and portfolio as students graduate and move to the next environment.

[Teaching Students with Visual Impairments](#)

Career education for students with visual impairments needs to begin as early as possible and include self-awareness and career exploration activities, job seeking skills instruction, information about job keeping, and encourage opportunities for gaining work experience.

Deaf & Hard of Hearing

[Minnesota Transition Guide for the Deaf & Hard of Hearing](#)

The transition guide was created to give guidance in the area of transition for Deaf or Hard of Hearing students to assist with learning more about the unique aspects of the student's hearing loss that may require additional specialized services and resources.

[Getting a Job! Module](#)

The Getting a Job! online training was developed and designed for students who are deaf or hard of hearing and the professionals who work with them. Focusing on the transition from school to work, the training offers a series of activities, supporting documents and topical videos designed to help the job seeker prepare for the world of work. All the videos in the modules are presented in ASL and captioned.

[CSD Learns](#)

This site, developed by the Communication Services for the Deaf, offers a variety of courses related to employment available in ASL and English. They have courses about job interviews, resumes, job search and much more. All the courses are available for free.

[Map It: What Comes Next](#)

Video vignettes signed in ASL with spoken English and written transcription, self-assessments, and a series of interactive questions guide students as they identify their goals and develop strategies to achieve them. All interactive materials are saved and compiled in an electronic portfolio.

[National Deaf Center](#)

Our team knows firsthand that the transition from high school to life beyond can be a tough one. That's why we have many different ways to help deaf students and their families, teachers, specialists, and colleges.

[SD Services for the Deaf: Transition Tab](#)

A variety of resources are available that share information about employment, post-secondary, independent living resources, and more specific to students who are deaf or hard of hearing.

[SD Deaf Resource & Outreach Programs \(SD DROP\)](#)

A variety of resources are available that share information about employment, independent living resources, and more specific to individuals who are deaf or hard of hearing.

American Indian Students

[Expanding the Circle](#)

The Expanding the Circle curriculum offers culturally relevant activities that facilitate the successful transition from high school to post-secondary experiences for American Indian students. The curriculum is designed to help youth explore who they are, what skills they need, and what their options are for life after high school.

[American Indian Vocational Rehabilitation](#)

South Dakota vocational rehabilitation services through the Division of Rehabilitation Services are available statewide. In addition, there are five Tribal VR programs available in certain parts of the state that provide vocational rehabilitation services.

[Oyate' Circle](#)

The Oyate' Circle is a resource, education, outreach and training effort that serves Native Americans with disabilities in South Dakota. Led by Oglala Lakota tribal member Jim Warne and named after the Lakota word for "the people," the Oyate' Circle conducts education and outreach campaigns about the needs of Native Americans with disabilities.

[Four Bands Community Fund](#)

Wicoicage Sakowin kin un Wicakagapi (Building for the Seventh Generation) is our youth program that focuses on building long-term employment and life skills. They believe that by investing in our youth today, we are securing a more financially stable tomorrow for future generations.

[Native American Authors, Books & Resources](#)

The following resource list is offered as a guide for educators, librarians, school counselors, and other support staff as they seek for resources on the Native American Culture through the SD State Library.

SECTION 10 – ADDITIONAL RESOURCE WEBSITES

[SD Vocational Rehabilitation Services – Transition Resources](#) ⓘ

The Division of Rehabilitation Services works with South Dakota School Districts and other organizations within the state to help students with disabilities plan for their future. A variety of services are available to help match your skills, abilities, and interests with a compatible career path.

[Transition Services Liaison Project](#) ⓘ

TSLP focuses on improving academic and functional achieve for South Dakota students with disabilities. Information on the website discusses a variety of topics on employment, self-advocacy and post-secondary including Project Skills, Project SEARCH, Youth Leadership Forum and many more great resources.

[Job Accommodation Network \(JAN\)](#) ⓘ

The Job Accommodation Network (JAN) is the leading source of free, expert, and confidential guidance on workplace accommodations and disability employment issues. Working toward practical solutions that benefit both employer and employee, JAN helps people with disabilities enhance their employability, and shows employers how to capitalize on the value and talent that people with disabilities add to the workplace.

[South Dakota Benefits Specialist Network](#) ⓘ

People with disabilities who want to learn about their disability benefits, and who are already working or ready to enter the workforce, can contact a Benefits Specialist to learn about benefits: Medicare, Medicaid, reporting income, and anything else related to working and managing benefits.

[National Technical Assistance Center on Transition \(NTACT\)](#) ⓘ

NTACT will work with SEAs, LEAs, State VR, local VR service providers, and other stakeholders engaged in improving outcomes for youth with disabilities by disseminating resources and tools regarding effective practices and the use of data for program improvement through strategic planning.

[Vocational Rehabilitation Technical Assistance Center for Quality Management \(VRTAC-QM\)](#) ⓘ

The purpose of the VRTAC-QM is to provide training and technical assistance that will enable State VR agency personnel to manage available resources, improve effective service delivery, and increase the number and quality of employment outcomes for individuals with disabilities. The VRTAC-QM provides TA and training in VR program and performance quality management, fiscal and resource quality management of the VR program and general quality management of organizations.

[Division on Career Development and Transition \(DCDT\)](#) ⓘ

The mission of DCDT is to promote national and international efforts to improve the quality of, and access to, career/vocational and transition services, increase the participation of education in career development and transition goals, and to influence policies affecting career development and transition services for persons with disabilities. [Click here](#) for a number of resources discussed spring 2020.

[Transition Coalition](#) ⓘ

The Transition Coalition, located at the University of Kansas, Beach Center on Disability, has been maximizing professional development opportunities for secondary transition and college and career readiness of youth with disabilities.

[Understood.org](#) ⓘ

In the United States, 1 in 5 people have learning and thinking differences, like dyslexia and ADHD, and 1 in 4 adults have some type of disability. For many of these people, the world can feel like it's built for a normal that doesn't include them. Helpful resources and supportive communities can be hard to find, making everyday life even more difficult. We're here to change that by connecting the people who face these challenges, and those who champion them, to resources, expertise, and communities that bolster confidence. Because with the right tools and support, people who learn and think differently will have a greater ability and opportunity to thrive.

SECTION 11 – ONLINE PLATFORMS FOR CONSIDERATION

[Microsoft Teams](#) – Video Meetings

Microsoft has a wealth of products, but Teams is great for education! Build collaborative classrooms, connect in professional learning communities, and connect with colleagues. Conduct individual and group chats, store files, and even make calls through the platform. Plus, your virtual classroom stays secure. Check out [Teams tips for teachers](#).

[Zoom](#) – Video Meetings

Project your lessons in group settings with zoom. You can even record the sessions for students who need to review later. This video and audio-conferencing tool has a chat functionality where students can ask questions as you teach. Check out [Zoom tips for teachers](#).

[FlipGrid](#)

Students and teachers can record short videos to document and share their learning. Consider it social media for learning, and a great way to stay in touch! Check out [FlipGrid tips for teachers](#).

[Mentimeter](#)

Create interactive presentations and meetings with live polls, quizzes, word clouds, Q&As and more. Check out [Mentimeter tips for remote classrooms](#). *Free account has limitations.*

[NearPod](#)

Collaborate with students and share text and images in real time. Check out [NearPod teaching tips](#). *Free account has limitations.*

[Kahoot!](#)

Engage students with their distance learning features, play in class, and dive into game reports to assess learning. Create your own kahoots or choose from 40+ million existing games. Check out [Kahoot! teaching tips](#). *Free account has limitations.*

Google Classroom

Many teachers already use this as one of the top virtual learning platforms for their classrooms. There is a lot to explore here, but most of it is easy to use, so don't be afraid to dive in. Check out [Google Classroom Tips, Tricks, and Training Resources](#) and [Google Classroom & Hangouts Tutorials](#).

State employees will need to go into the BIT service now catalog and search for moratorium request. You will input these items and they will either be approved or not approved and then it can proceed from there.

Google JamBoard

Jamboard is G Suite's digital whiteboard that offers a rich collaborative experience for teams and classrooms. Watch your creativity unfold: you can create a Jam, edit it from your device, and share it with others. Everybody can collaborate on the Jam anytime, anywhere. Check out [Google JamBoard tips for teachers](#).

State employees will need to go into the BIT service now catalog and search for moratorium request. You will input these items and they will either be approved or not approved and then it can proceed from there.

Stormboard

Use Stormboard's shared workspace to generate more ideas, and then prioritize, organize, and refine those ideas to make your meetings, brainstorming, and projects more productive and effective.

Free account has limitations.

Poll Everywhere

Capture audience feedback across remote meetings and hybrid workspaces through live online polling, surveys, Q&As, quizzes, word clouds, and more. Check out [Poll Everywhere tips for teachers](#).

Free account has limitations.

Wheel of Names

This website is a free online selector tool that was designed for choosing a winner/name/choice based on the information inputted.

Padlet

Padlet is a digital tool that can help teachers and students in class and beyond by offering a single place for a notice board. That's at its most basic. This digital notice board is able to feature images, links, videos, and documents, all collated on a "wall" that can be made public or private. This means that not only can teachers post on the wall but so too can students. Check out [Padlet tips for teachers](#). *Free account has limitations.*

SECTION 12: TRANSITION CURRICULUMS FOR PURCHASING

The following come with a cost but have been recommended by varying SD teachers around the state. The cost associated would be the responsibility of those interested. This is informational only and individuals will need to determine if you wish to use it and proceed accordingly.

Attainment Transition Curriculum

A variety of curriculums that focus on Pre-Employment Transition Services, Conversation Skills, Stepping out in the Community, Job Coaching, and much more to help people with disabilities succeed in school, work, and life with practical and easy-to-use products.

Ultimate Transitions Bundle

This bundle includes the most widely used Transitions Curriculum in the US and its supplemental program “Making The Effort” teach your students the importance of hard work and soft skills.

LifeSchool 2000

This comprehensive resource of ready-to-use, reproducible activities enables students to learn key life-preparation skills that will help them gain confidence to accomplish the tasks of daily life and attain their goals. The six Student Binders contain a total of 60 competency-based learning modules that focus on a single life-skill area in the context of a real-life task. Examples include Children’s Health, Banking, Welfare Programs, Legal Rights, Worker’s Benefits, and Cultural Differences.

Project Discovery: Job Ready

Learners will explore, experience, learn and develop real life job skills with actual tasks and job tools while reinforcing core academic skills. Students who learn by doing will excel and enhance their opportunities in the workforce and will be Job Ready.

Practical Assessment Exploration System (PAES)

Convert a classroom or a community site to a work development lab where students become employees and teachers are employers. Use this lab to assess a student's competitive work potential and interest level, while exploring various jobs, using real tools, and developing work behaviors in work areas.

Life Skills Series

Give students real-life, practical practice with reading, writing, and math with these life skills activities.

Cooking to Learn Series

The Cooking to Learn Series is integrated reading and writing activities that motivate students to learn basic reading and writing skills with the fun step-by-step cooking activities and corresponding worksheets in these three books. The easy-to-follow recipes offer life-skills experience as students prepare food themselves using common inexpensive ingredients.

Real World Reading

Teach strategies for reading many different types of print found in the real world. Students learn survival reading techniques along with key vocabulary words for a variety of everyday texts, such as menus, labels, maps, bills, credit card statements, and job applications.

Also available: [Real World Writing](#) and [Real World Math](#)