



Transition Newsletter

Oct 2024



BRACE YOURSELF

THE QUESTIONS ABOUT YOUR FUTURE PLANS ARE COMING

Thinking Ahead... Life After High School

As a young adult getting ready to venture into the adult world, have you been thinking about all your options after high school? Yes, you just started a new school year, but learning about your options helps you figure out which one will best suit your needs and dreams while empowering you to make an informed decision. All your options take time to set up so now is the time to start planning ahead so you have a plan in place.

Whatever path you choose, there could be supports & services that will help you access and maintain success. I can help you explore all your options so you can make a decision about which path will be in your best interest!

RESOURCE HIGHLIGHT



Pathful Explore

Do you still need help figuring out what sort of career most interests you after high school? I can get you set up with an account where we can work through some career assessments and start searching potential careers! We can explore any training that might be required for those potential careers as well as research the different schools that offer those training programs.

Contact me today and I will get you started!

This is informational only. DHS is neither supporting nor endorsing the app. Please determine for yourself if you wish to use it and proceed accordingly.

18-21 Transition Programs

South Dakota has a variety of 18-21 transition programs, including Project SEARCH, that allow students to continue receiving high school services after completing required educational requirements. These programs will focus on increasing your independent living and employment skills for future success.

Public or Private University

Pursuing a degree at a university can be a challenging and rewarding way to focus more on specific subjects you may have studied in high school that really interest you. Typically, a bachelor's degree takes around four years to complete and can be more expensive because there are living expenses for on-campus housing and food in addition to tuition expenses.

Vocational College

Vocational colleges trains students for a specific line of work in hands-on fields. Vocational colleges are different from typical four-year universities because the programs are less academic-based and more job-focused, and typically take around 2 years to finish.

Apprenticeships

This option allows you to earn a salary working with on-the-job training as you receive some classroom instruction to prepare you for a specific job. Apprenticeships are available in a large range of professions and available through the SD Dept of Labor.

Employment in your Community

Talk to me, your Vocational Rehabilitation Counselor, about finding a job in your community. It is a chance for you to start an independent life while still having familiar supports that can help you.



contact me

Name:

Phone:

Email:

DHS.SD.GOV



UPcoming
EVENTS

Catch the College Wave

A one-day event for students with disabilities that focuses on post-secondary education.

10/22/24 Aberdeen, Northern State University

10/23/24 Brookings, South Dakota State University

11/6/24 Mitchell, Mitchell Technical College

11/13/24 Rapid City, Western Dakota

Learn more at: tslp.org/events/

TIPS TO SURVIVE HIGH SCHOOL

1. MAKE STUDYING YOUR PRIORITY
2. BUILD YOUR SELF-CONFIDENCE
3. LISTEN TO YOUR PARENTS
4. CHOOSE FRIENDS WHO ARE GOOD INFLUENCES
5. THINK ABOUT LONG-TERM GOALS
6. MAKE 'ME' TIME A PRIORITY
7. FOLLOW THE GOLDEN RULE
8. MAINTAIN GOOD COMMUNICATION WITH YOUR TEACHERS
9. BE ON TIME
10. DON'T COMPARE YOURSELF TO OTHERS
11. DON'T PROCRASTINATE
12. EAT HEALTHY
13. MAKE SURE YOU GET ENOUGH SLEEP
14. BE YOURSELF!
15. ASK ABOUT VOC REHAB SERVICES

SD SCHOLARSHIP BULLETIN BOARD

It can be hard to keep track of every scholarship available. The Statewide Scholarship Bulletin Board is here to help, sharing scholarships from across the state and other organizations.

The Statewide Scholarship Bulletin Board aims to provide students across SD a platform to search numerous scholarship opportunities. This is not an exhaustive list. Your high school, preferred college or community may offer scholarships not featured here.

bit.ly/SDSCHOLARSHIPBULLETINBOARD

