

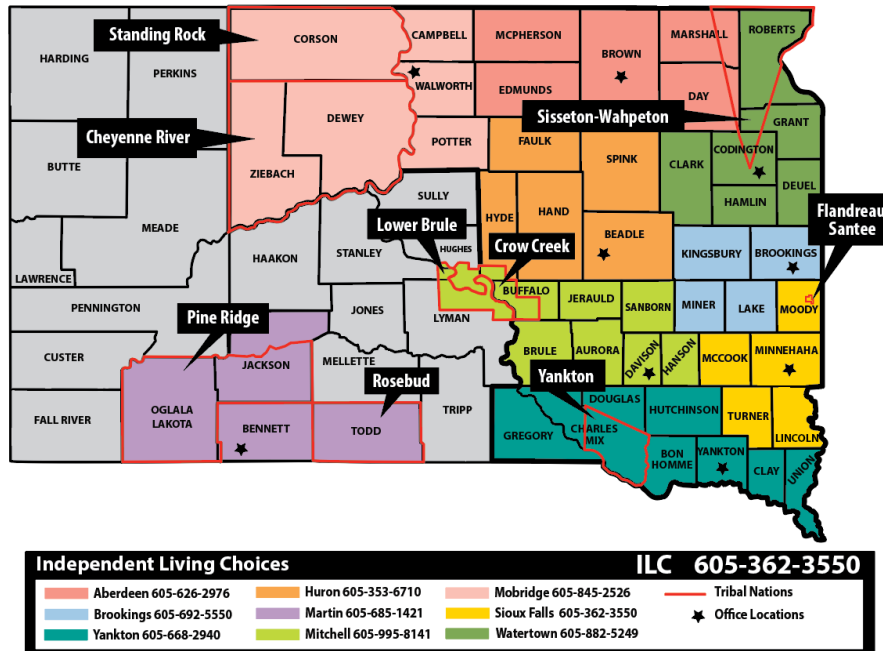


INDEPENDENT LIVING CHOICES

Opening doors for people with disabilities

**We provide services to people with
disabilities who make independence their
choices**

AGENCY OVERVIEW



Western Resources for Independent Living WRIL 605-718-1930

- ILC is a center for independent living.
 - Centers for independent living are federally mandated.
 - Every state has multiple centers for independent living.

<https://www.ilru.org/projects/cil-net/cil-center-and-association-directory>

- ILC's main office is in Sioux Falls with expansion offices in Aberdeen, Brookings, Huron, Martin, Mitchell, Mobridge, Watertown, and Yankton.
- ILC serves all nine Tribal Nations of South Dakota.

<https://www.ilcchoices.org/>

INDEPENDENT LIVING PHILOSOPHY

- Individuals with disabilities are experts on their own needs
- They should have the opportunity to decide how and where to live, if and where they work, and the manner in which they participate in their communities
- They should have the opportunity to make decisions about the services that affect their daily living and impact their independence
- All ILC services are participant-driven

ILC SERVES *AND MORE...*



- All persons with permanent disabilities.
 - Physical, cognitive/intellectual, mental/emotional, co-occurring
- Individuals across the lifespan
- ILC likes to collaborate with individuals, organizations/resources in the communities we serve to best meet the needs of our participants
- Referrals are accepted from the individual needing the services, family/friends, other professionals/organizations
 - Referral form provided to professionals/organizations

FIVE CORE SERVICES



Advocacy



Independent Living Skills



Information & Referral



Peer Support



Transition

ADVOCACY

Self-Advocacy: Assisting individuals in developing the skills needed to advocate for themselves

- Assisting people to apply for SSI/SSDI benefits
 - Providing information on Guardianship/Conservatorship
 - When attending IEP and ISP meetings
 - Providing an opportunity for participant input about IL and other services through our Listening Sessions
-

IL and Participant Advocacy: ILS advocates with the participants

- When they have been victims of discrimination, harassment, and other unfair or inequitable treatment
- When attending IEP and ISP meetings
- When an accommodation or modification is needed in employment or housing

INDEPENDENT LIVING SKILLS TRAINING

Providing hands-on training in daily-living skills (cooking, budgeting, organizing and more)

- Cooking
- Cleaning
- Laundry
- Self-Care/Personal Hygiene
- Shopping
- Budgeting
- Sorting mail
- Scheduling appointments
- Organization
- Leisure/Social/Volunteer Activities

INFORMATION AND REFERRAL

Connecting people with resources which can provide needed information to assist individuals to live independently

- VR (Vocational Rehabilitation)
- LTSS (Long-Term Services and Support)
- SD Drop (formerly Communication Services for the deaf)
- SBVI (Services for the Blind and Visually Impaired)
- Counseling Services
- Transportation Services
- Food Resources
- Home Repairs
- Healthcare and Dental

PEER SUPPORT

Providing opportunities for people with disabilities to engage with others in small or large groups or on an individual basis.

Individual Peer Support

- One-on-One Peer Visitor Volunteers
- Peer support provided via phone, mail, email, virtual format, or in person

Groups

- Disability specific
 - i.e. Brain Injury and Parkinson's
 - Age specific-Youth/Young Adult (16 & up)
 - Cross disability for all ages

TRANSITION

These services address various situations:

- **Nursing Home Transition**
 - transition of individuals with significant disabilities from nursing homes and other institutions to home and community-based residences with the necessary supports and services.
- **Nursing Home Deterrence**
 - aid individuals with significant disabilities who are at risk of entering institutions so that they remain in their home communities.
- **Youth**
 - Postsecondary: facilitate the transition of youth with significant disabilities who have completed their secondary education or otherwise left school to postsecondary life; assistance may include referral to Vocational Rehabilitation services, assistance in finding housing or providing independent living skills training
 - Ages 16 to 21: provide assistance to individuals ages 16-21 years, in transitioning to independent living (programs vary by office)

OTHER SERVICES



Community Living Services



Home Modifications and Adaptive Devices



Telecommunication Adaptive Devices



Americans with Disabilities Act



Home Again South Dakota



Assistive Daily Living Services

COMMUNITY LIVING SERVICES

Assisting individuals in obtaining accessible, affordable housing, transportation, and other community living services.

Assistance with applying for:

- Accessible, affordable housing
- SNAP (Food Stamps)
- Paratransit/Bus training
- Weatherization Assistance Program/Energy Assistance
- Lifeline (Affordable Connectivity Program)

HOME MODIFICATIONS & ADAPTIVE DEVICES (HMAD)

Providing home modifications, assistive devices, and vehicle modifications

- Must meet financial guidelines
- Request must match the disability
- Lifetime funding limit per participant

Commonly provided devices and modifications:

- Lift chairs
- Reachers
- Canes or walkers
- Flashing doorbells
- Bed shaker alarms
- Grab Bars or hand railings
- Door widenings
- Bathroom modifications
 - Bathroom safety devices
- Ramps

TELECOMMUNICATION ADAPTIVE DEVICES (TAD)

**Providing adapted telecommunication services,
which includes an emergency phone dialer.**

- Emergency Response Phone
 - Landline
 - No cost
- Mobile ERS
 - Must access community independently, cannot have a smartphone, one per household
 - Annual fee after first year
- Picture phones
- Cordless phones
- iDevices (require financial eligibility)

AMERICANS WITH DISABILITIES ACT (ADA)

Serving as educators and consultants for contractors, businesses, organizations, and individuals regarding the American with Disabilities Act (ADA) and its guidelines and requirements.

- Providing ADA assessments in people's homes and to the public.

HOME AGAIN SOUTH DAKOTA

A federally funded grant that provides options for older adults and/or people with disabilities living in nursing homes, hospitals, or other long-term care facilities to enable them to successfully return to their homes and communities.

Home Again SD helps individuals identify barriers to living on their own, helps individuals find a place to live that meets their needs and helps them find the services and supports they need to continue living there.

The program provides funding for one-time or short-term services and supports not typically covered by South Dakota Medicaid.

HOME AGAIN SD ELIGIBILITY

- A South Dakota resident
- Reside in a nursing facility, Intermediate Care Facility (ICF) or other institution for 60 or more consecutive days
- Enrolled in or be eligible for South Dakota Medicaid
- Will reside in a house, apartment, or small group home (4 individuals or less)
- Will receive supports via South Dakota's Medicaid waivers (these Home and Community-Based Services provide in-home community care that helps consumers remain at home)
- Express a desire to live and receive services in a home and community-based setting.

HOME AGAIN SERVICES

- **Transition Services**

- Secure and set up housing
- Make minor modification to make the housing accessible

- **Relocation Transportation Services**

- Help recipients with relocation services from their current address back to their community
 - Once a recipient is back home, DSS has services to help with day-to-day transportation

- **Assistive Technology Services**

- Help gain access to available supplies and modifications to better support recipients in becoming independent in self-care; this may cover items such as daily sensors, medication dispensers, grab bars and more

ASSISTIVE
DAILY
LIVING
SERVICES
MEDICAID
WAIVER
(ADLS)

Providing services for people ages 18 and older, with physical disabilities affecting all four limbs, who need assistance with daily living activities. Services include personal attendant (PA) services and education/support in managing the PA services.

Offers people with significant physical disabilities an independent living alternative to a nursing facility.

ADLS ELIGIBILITY

- At least 18 years old
- Must be a recipient of SSI or qualify for Medicaid
- Income less than 3 times current SSI payment
- Substantial impairment of all 4 limbs
 - ie. spinal cord injuries, Cerebral Palsy, Multiple Sclerosis, Muscular Dystrophy, muscle/joint and brain-related disabilities
- Require nursing facility level of care
- Be able to manage and direct personal attendants or have representative who is willing to do so
- Medically stable & free from life-threatening conditions

ADLS SERVICES

- Case Management
- Consumer Preparation
- Personal Attendant Services
- LifeLine Services
- In-Home Nursing
- Incontinence Supplies
- Respite Care
- Vehicle Modifications
- Specialized Medical and Adaptive Equipment
- Environmental Accessibility Adaptations



INDEPENDENT LIVING CHOICES

Opening doors for people with disabilities

ABERDEEN

*Brown, Day,
Edmunds, Marshall,
& McPherson*
110 6th Ave SE Ste 101
Aberdeen SD 57401
T: (605) 626-2976
F: (605) 626-2652

BROOKINGS

*Brookings, Kingsbury,
Lake, & Miner*
748 22nd Ave South
Brookings SD 57006
T: (605) 692-5550
F: (605) 824-7318

HURON

*Beadle, Faulk, Hand,
Hyde, & Spink*
351 Wisconsin Ave SW
Ste 105
Huron SD 57350
T: (605) 353-6710
F: (605) 824-7321

MARTIN

*Bennett, Pine Ridge, &
Rosebud*
316 West Main St
Martin SD 57551
T: (605) 685-1421
F: (605) 824-7324

MITCHELL

*Aurora, Brule, Buffalo,
Davison, Hanson, Jerould,
& Sanborn*
417 N Main Ste 116
Mitchell SD 57301
T: (605) 995-8141
F: (605) 995-8142

MOBRIDGE

*Campbell, Corson,
Cheyenne River, Dewey,
Potter, Standing Rock,
Walworth, & Ziebach*
415 14th Ave E Ste B
Mobridge SD 57601
T: (605) 845-2526
F: (605) 824-7325

SIOUX FALLS

*Flandreau Santee,
Lincoln, McCook, Moody,
Minnehaha, & Turner*
4107 S Carnegie Cir
Sioux Falls SD 57106
T: (605) 362-3550
F: (605) 362-3555

WATERTOWN

*Clark, Codington, Deuel,
Grant, Hamlin, Roberts &
Sisseton Wahpeton*
312 9th Ave SE Ste C
Watertown SD 57201
T: (605) 882-5249
F: (605) 882-7037

YANKTON

*Bon Homme, Charles Mix,
Clay, Douglas, Gregory,
Hutchinson, Union,
& Yankton*
920 Broadway Ave
Yankton SD 57078
T: (605) 668-2940
F: (605) 668-3060

Independent Living Choices was established in 1982 as a 501(c)(3) private, non-profit organization.